



**Fat Boy
NOLA
Run/Walk**

**Fat Boy New Orleans 3 Mile Run/Walk
1/4 Mile "Little Fat Boy" Run/Walk
Fat Boy 0.0 Mile Louisiana Championship**

"FAT BOY NOLA RUN / WALK" FEATURES

- ❖ Custom Medallions to ALL FINISHERS
5 Inch diameter medallions – largest of any race in Louisiana !!
- ❖ All awards are Weight Divisions Awards (see details)
- ❖ Food and refreshments fit for a Fat Boy !
- ❖ Largest Fat Boy Race in the USA

Benefiting:



DATE: SATURDAY, MAY 26, 2018

TIME:

- 7:00 am: Race Day Registration & packet pickup opens**
- 8:00 am: 1/4 Mile "Little Fat Boy" Run/Walk**
- 8:10 am: Fat Boy New Orleans 3 Mile Run/Walk**
- 9:10 am: Fat Boy 0.0 Mile Louisiana Championship**

LOCATION:

LaSalle Park, 6600 Airline Drive, Metairie, La. 70003

*Next to Zephyr's Field home of the New Orleans Baby Cakes.
Plenty of free parking at the race site

ENTRY FEES : Check or Credit Card: Payable to NORSI

▶ **FAT BOY NOLA 3 MILE**

- ❖ **ADULT (Age 18 – 64)**
 - \$25.00 by March 31st
 - \$30.00 April 1st thru May 1st
 - \$35.00 May 2nd thru May 21st
 - \$40.00 Day of Race (May 26th)
- ❖ **YOUTH (Age 17- Under) & Seniors (65 & Over)**
 - \$20.00 by May 1st
 - \$25.00 May 2nd thru May 21st
 - \$30.00 May 26th RaceDay

▶ **1/4 MILE LIL FAT BOY RACE**

- ❖ \$10.00 by May 21st
- ❖ \$15.00 May 26th - RaceDay

HOW TO REGISTER:

- **ON-LINE:** Online link posted on www.NOLArunning.com
- **MAIL TO:** NORSI, P. O. Box 2348, Kenner, La. 70063
- **PAYABLE TO:** **NORSI** (postmark deadline May 8th please)

PRE-RACE PACKET PICK-UP:

Thursday, May 24 from 4pm to 6:00pm

Get your race number and t-shirt

- ❖ **Shamrock Bar & Grill**
- ❖ **4133 S. Carrollton, New Orleans**
- ❖ Food and Beer complimentary while it lasts
- ❖ Registration in person will be available at packet pickup

Packet pickup and in person registration will be available on the day of race at the race site beginning at 7:00am

GO EAR GEAR FREE: Enjoy the event !!

Please consider when you are running or walking in this event to do so Without headphones or ear gear. Race officials announcements, safety information, conversation with other participants may be missed if you are wearing ear gear during the event.

T-SHIRTS: (Male & Female Gender Specific)

FAT BOY New Orleans T-shirts will be given out at pre-race packet pickup and on the day of race prior to race start time to pre-registered entrants first. All entrants registered day of race will receive t-shirt as supplies allow. In event of reorder, details will be announced and posted on event website. Please keep race number and t-shirt tab to claim your shirt.
Gender specific t shirts to pre-registered entrants only.

AWARDS: 0.0 LOUISIANA STATE

- Award Ribbons to all finishers age 12 and under

AWARDS: 1/4 MILE LIL FAT BOY RACE

- Awards to all finishers age 12 and under

AWARDS: FAT BOY 3 MILE NEW ORLEANS

Please check division participating in on Registration Form

➢ **MEN'S WEIGHT DIVISIONS (Top 3 in each division)**

- ❖ Division A: Huge Load: (200 to 220 lbs)
- ❖ Division B: Enormous Load (221 to 240 lbs)
- ❖ Division C: Tremendous Load (241 to 260 lbs)
- ❖ Division D: Immense Load (261 to infinity lbs)
- ❖ Division-E: Fat Boy Wanna Bees (Under 200 lbs)

➢ **WOMEN'S WEIGHT DIVISIONS (Top 3 in each division)**

- ❖ Division F: Athena (145 to 170 lbs)
- ❖ Division G: Amazonian (171 to 185 lbs)
- ❖ Division H: Megazonians (186 to 200 lbs)
- ❖ Division I: Ultra Megazonian (201 to 220 lbs)
- ❖ Division J: Ultra Deluxe Megazonian (221 Plus lbs)
- ❖ Division K: Athena " Wanna Bees (Under 145 lbs)

➢ **WEIGHT DIVISION SCORING**

Please check division applicable on the race entry form to be eligible for weight division awards. A scale will be available at the race site and may be used to confirm division winners if necessary.

POST RACE REFRESHMENTS:

Food and beverage Fat Boy Style: Providers include - Fat Boy Pantry, Tarpon Joe's, Crescent Crown Distributors - Beer, Chocolate Milk, Donuts, Elmer's Chee Wees, Kentwood Springs Water, Bananas, Snowballs, Gatorade and more.

RACE INFORMATION:

New Orleans Running Systems Road Race Management, Inc.

- ❖ Produced by: New Orleans Running Systems, Inc.
- ❖ Website: www.NOLArunning.com
- ❖ Email: NORSI@NOLArunning.com
- ❖ Phone: 504-884-7565
- ❖ Race Director: Chuck George

RACE VOLUNTEERS:

- ❖ Phone or Text: 504-228-4770
- ❖ Email: NORSI@NOLArunning.com





Fat Boy NOLA Run/Walk



FAT BOY 3 MILE & QUARTER MILE, 0.0 MILE
Saturday, May 26, 2018 ◆ LaSalle Park, Metairie

RACE FEES:

	BY MARCH 31	APRIL 1 thru MAY 1	MAY 2 thru MAY 21	MAY 26 (RaceDay)
ADULT (18 - 64)	<input type="checkbox"/> \$25.	<input type="checkbox"/> \$30.	<input type="checkbox"/> \$35.	<input type="checkbox"/> \$40.
	BY May 1	MAY 2 thru May 21	MAY 20 (RaceDay)	
SENIOR (65 & Over)	<input type="checkbox"/> \$20.	<input type="checkbox"/> \$25.	<input type="checkbox"/> \$30.	
YOUTH (17 & Under)	<input type="checkbox"/> \$20.	<input type="checkbox"/> \$25.	<input type="checkbox"/> \$30.	
KIDS DASH (12 & under)	<input type="checkbox"/> \$10.	<input type="checkbox"/> \$10.	<input type="checkbox"/> \$15.	

CHECKS PAYABLE TO:
NORSI
 P. O. Box 2348
 Kenner, La 70063
 All entry fees are non-refundable

▶ **PLACE A CHECK MARK "✓" BY RACE ENTERED** ▶

MEN'S CLYDESDALE DIVISIONS:

<input type="checkbox"/>	DIVISION "A": Huge Load (200 to 220 lbs)
<input type="checkbox"/>	DIVISION "B": Enormous Load (221 to 240 lbs)
<input type="checkbox"/>	DIVISION "C": Tremendous Load (241 to 260 lbs)
<input type="checkbox"/>	DIVISION "D": Immense Load (261 to Infinity lbs)
<input type="checkbox"/>	DIVISION "E": Fat Boy Wanna Bee (Under 200 lbs)

WOMEN'S ATHENA & AMAZONIAN DIVISIONS:

<input type="checkbox"/>	Division "F": Athena (145 to 170 lbs)
<input type="checkbox"/>	Division "G": Amazonian (171 to 185 lbs)
<input type="checkbox"/>	Division "H": Megazonian (186-200)
<input type="checkbox"/>	Division "I": Ultra Megazonian (201 to 220)
<input type="checkbox"/>	Division "J": Ultra Deluxe Megazonian (221 plus)
<input type="checkbox"/>	Division "K : Athena Wanna Bee (under 145.lbs)

FOR OFFICIAL USE ONLY

<u>BIB / RACE NUMBER</u>	AMOUNT PAID
	PAYMENT METHOD
	<input type="checkbox"/> CREDIT CARD
	<input type="checkbox"/> CASH
	<input type="checkbox"/> CHECK
	Check #
	INITIAL (PLEASE PRINT CLEARLY)

**CHIP-TIMED RACE
PLEASE PRINT CLEARLY**

LAST NAME:

FIRST NAME: MI:

MALE FEMALE AGE: DATE OF BIRTH: - - PHONE NUMBER: - -

STREET ADDRESS / APARTMENT NUMBER:

CITY: STATE: ZIP CODE:

T-SHIRT SIZE: Male Small Male Medium Male Large Male XLarge Male XXLarge Male XXXLarge Female Small Female Medium Female Large Female XLarge Female XXLarge Female XXXLarge

E-MAIL ADDRESS:

PAYMENT BY CREDIT CARD: VISA MC ACCOUNT NUMBER: - - EXPIRATION DATE: - CVV Code:

Printed Name of Cardholder:

Signature of Cardholder: _____

I know that running a roadrace is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all the risks associated with running in this event but not limited to fall, contact with other participants, the effects of weather, including high heat and /or humidity, traffic and other conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing those facts and in consideration of your accepting my entry. I for myself and anyone else entitled to act on my behalf, waive and release New Orleans Running Systems, Inc., LaSalle Park and all sponsors, their representatives and successors from all claims in liabilities of any kind arising out if my participation in the event. I grant permission to all of the foregoing to use any photographs, motion picture recordings or any other record of this event for any legitimate purpose.

SIGNATURE: _____ Date: _____

SIGNATURE: _____ Date: _____
 Signature of Parent or Guardian required if entrant is under 18