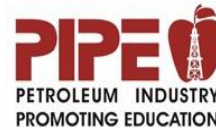


# "FAMILY FUN, EAT & RUN"

## 5K Run/Walk & Kids Dash Run/Walk

Sunday, April 29, 2018 ♦ 8:30am Start  
City Park Festival Grounds, New Orleans, La



**DATE:** Sunday, April 29, 2018

**TIME:**

- **7:00 am:** Race Day Registration & packet pickup opens
- **8:30 am:** Start of 5K Run/Walk
- **9:30 am:** Start of Kids Fun Run/Walk
- Note: Multiple races in kids dash pending quantity and ages participating.

**LOCATION:**

City Park Festival Grounds, New Orleans  
◀ Near the site of the new Louisiana Children's Museum ▶  
( Intersection of Henry Thomas Drive & Palm Drive )

**ENTRY FEES: Checks Payable to: NORSI**

➤ **ADULT (18 & OVER )**

- \$30.00 by April 1st
- \$35.00 by April 23rd
- \$40.00 Day of Race ( Sunday, April 29<sup>th</sup> )

➤ **YOUTH ( 11 thru 17 )**

- \$10.00 thru RaceDay

➤ **YOUTH ( 10 & Under )**

- Free: thru RaceDay

**\*\* NOTE : YOUTH - Proof of age required at packet pickup**

**GROUP ENTRY (3 OR MORE ADULTS)**

◀(ENTRANCE FEE PER GROUP PARTICIPANTS ▶

- \$25.00 by April 1st
- \$30.00 by April 23rd

**HOW TO REGISTER:**

Online link posted at [www.NOLArunning.com](http://www.NOLArunning.com)

- **BY MAIL TO:** \* Postmarked deadline April 15th  
NORSI, P. O .Box 2348, Kenner, La 70063

**PRE-RACE DAY PACKET PICKUP & LATE REGISTRATION:**

- ❖ Thursday, April 26, 4:00 pm – 6:00 pm
- ❖ Phidippides, 6601 Veterans Memorial Blvd, Metairie, La

**PROCEEDS BENEFIT AREA CHILDREN'S MUSEUMS**

Support the Louisiana Children's Museum-New Orleans, the Bayou Country Children's Museum in Thibodaux or the Children's Museum of St. Tammany-Northshore.  
Choose below to benefit one or all three Children's Museums.

**T-SHIRTS:**

Event T-Shirts given out on the day of race to pre-registered entrants first. All entrants registered day of race will receive t-shirt as supplies allow. In event of reorder, details will be announced and posted on event website. Please keep race number and t-shirt tab to claim your shirt.

**AWARDS:**

❖ **5K:**

- **OVERALL:** 1st Overall Male & Female
- **AGE GROUPS:** 1<sup>st</sup> & 2nd Place Male & Female  
10-under, 11-14, 15-19, 20-29, 30-39, 40-49,50-59, 60-69, 70-79, 80-over.
- **RACEWALKERS:** 1st, 2nd, 3rd Overall Male and Female

- ❖ **KIDS RUN/WALK:** Medallions to all 1/2 mile youth finishers.  
➤ Toys, Gift cards, prizes will be given out by way of random drawing

**POST RACE REFRESHMENTS ♦**

**Largest Food Fest of any race in Louisiana**

Pork chops, jambalaya, BBQ Shrimp, White beans & Rice, Gumbo, Hot dogs, Hamburgers, Mini-Muffalattas, Ham Pistolettes, Roast Beef Pistolettes.

For adults only ( 21 -over ) Beer, Margarita's, Bloody Mary's, Hard Lemonade, Kentwood Spring Water

For the Kid's: DJ with Karaoke, Bounce Houses, Lemonade, Sno Balls, Funnel Cakes, Toy Prizes and more.

**ADULT BEVERAGES: Wristbands for Age 21 + will be distributed at the event info table. Must have wristband to receive any adult beverage. No exceptions, ID required**

**RACE INFORMATION:**

- ❖ **PRODUCED BY:** New Orleans Running Systems, Inc. and PIPE
- ❖ **WEBSITE:** [www.NOLArunning.com](http://www.NOLArunning.com)
- ❖ **EMAIL:** `chuck@NOLArunning.com
- ❖ **RACE DIRECTOR:** Chuck George
- ❖ **PHONE:** 504-884-7565

**Volunteers**

- ❖ Phone or Text: 504-228-4770
- ❖ Email: [NORSI@NOLArunning.com](mailto:NORSI@NOLArunning.com)

◀ **BENEFITING THREE (3) AREA CHILDREN'S MUSEUMS** ▶





# "Family Fun, Eat & Run"

## 5K Run/Walk & Kids Dash Run/Walk

Sunday, April 29, 2018 ♦ City Park, New Orleans, La



### REGISTRATION FEES:

**CHECK PAYABLE TO:**  
**NORSI**  
 P. O. Box 2348  
 Kenner, La. 70063  
 All entry fees are non-refundable

	ADULT (18-Over)	GROUP of 3 or more (FEE PER ADULT)	YOUTH (11 thru 17)	KIDS (10 & Under)
By April 4th	\$30.	\$25.	\$10.	Free
April 2 - April 23	\$35.	\$30.	\$10.	Free
RaceDay	\$40.		\$10.	Free

PLACE A CHECK MARK "✓" BY RACE ENTERED

**5K**    
  **KID'S DASH**    
  **BOTH**

**RACEWALKER**    
  **YES**    
  **NO**

Place checkmark (✓) by Charity(s) to donate to:

<input type="checkbox"/>	Louisiana Children's Museum, New Orleans
<input type="checkbox"/>	Bayou Country Children's Museum, Thibodaux
<input type="checkbox"/>	Children's Museum of St. Tammany-Northshore
<input type="checkbox"/>	*Split donation to all three Museums
<input type="checkbox"/>	DONATION \$

◀ CHIP-TIMED RACE ♦ PLEASE PRINT CLEARLY ▶

**OFFICIAL USE ONLY !!!**

<b>BIB NUMBER</b>	<b>AMOUNT PAID</b>
<b>PAYMENT METHOD:</b>	
<input type="checkbox"/>	CREDIT CARD
<input type="checkbox"/>	CASH
<input type="checkbox"/>	CHECK
<b>CHECK #</b>	
<b>INITIALS ( Print Clearly )</b>	

<b>LAST NAME:</b>	<b>FIRST NAME</b>	<b>MI</b>

<b>MALE</b>	<b>FEMALE</b>	<b>AGE</b>	<b>DATE OF BIRTH</b>	<b>PHONE NUMBER</b>

**STREET ADDRESS / APARTMENT NUMBER**

<b>CITY</b>	<b>STATE</b>	<b>ZIPCODE</b>

<b>SHIRT SIZE:</b>	Y-SM	Y-MED	SM	MED	LG	XL	XXL	<b>E-MAIL ADDRESS</b>

<b>PAYMENT BY CREDIT CARD</b>	VISA	MC	<b>ACCOUNT NUMBER</b>	<b>EXPIRATION DATE:</b>	<b>CVW Code</b>

**Printed Name of Cardholder** \_\_\_\_\_

**Signature of Cardholder** \_\_\_\_\_

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all the risks associated with running in this event but not limited to fall, contact with other participants, the effects of weather, including high heat and /or humidity, traffic and other conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing those facts and in consideration of your accepting my entry. I for myself and anyone else entitled to act on my behalf, waive and release New Orleans Running Systems, Inc., PIPE and all sponsors, their representatives and successors from all claims in liabilities of any kind arising out of my participation in the event. I grant permission to all of the foregoing to use any photographs, motion picture recordings or any other record of this event for any legitimate purpose.

**SIGNATURE:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**SIGNATURE:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Signature of Parent or Guardian required if entrant is under 18