

17<sup>th</sup> Annual

# A RUN & WALK THROUGH HISTORY 5K & 1/2 Mile Run & Walk

Sunday, April 22, 2018 ♦ Metairie Cemetery, New Orleans



**HOSTED BY:**



**PRESENTED BY:**



**BENEFITING:**



## HIGHLIGHTS:

- ❖ Beautiful course inside historic Metairie Cemetery
- ❖ The largest run/walk event held inside a Cemetery in the nation
- ❖ Post race festivities with plenty of food and beverages and live music courtesy of the Benny Maygarden Band

**DATE:** Sunday, April 22, 2018

## TIME:

- 7:30AM: Race Day Registration and packet pickup opens
- 8:30AM: Start of 1/2 Mile Run/Walk
- 9:00AM: Start of 5K Run/Walk

## LOCATION:

Metairie Cemetery, 5100 Pontchartrain Blvd., New Orleans, La. 70124  
Directions and race location information: [www.LakelawnMetairie.com](http://www.LakelawnMetairie.com)

## ENTRY FEES:

### ❖ ADULT

- \$25.00 By April 4th
- \$30.00 April 5th til April 17th & Pre-Race packet Pickup event
- \$35.00 Day of race ( April 22nd )

### ❖ Youth (17-under) & Senior (65-over)

- \$20.00 by Apr. 17th & Pre-Race packet Pickup event
- \$25.00 Day of race ( April 22nd )

### ❖ Benefactor Entry

- \$50.00 by Apr. 17th & Pre-Race packet Pickup event

## HOW TO REGISTER:

### Check or Credit Card:

**Check payable to: Save Our Cemeteries**

- ❖ **ON-LINE:** Online Registration Link posted on [www.NOLArunning.com](http://www.NOLArunning.com)
- ❖ **BY MAIL:** (Postmarked deadline is April 9<sup>th</sup>)  
Save Our Cemeteries  
1539 Jackson Avenue, Suite # 415  
New Orleans, La. 70130

## T-SHIRTS:

Commemorative "A Run Through History" Run/Walk t-shirts will be given out on raceday to pre-registered entrants first. All entrants registered day of race will receive t-shirt as supplies allow. In event of reorder, details will be announced. Please keep race number and t-shirt tab to claim your shirt.

## PRE-RACE PACKET PICK UP & LATE REGISTRATION:

- ❖ Hosted by:  
Louisiana Running & Walking Company  
4153 Canal St., New Orleans
- ❖ Date: Thursday, April 19<sup>th</sup>
- ❖ Time: 4:00 pm – 6:00 pm



## AWARDS:

### ❖ 5K:

- **OVERALL DIVISIONS ( 1st Place )**  
Open, Youth, Masters, Grandmasters, Seniors
- **AGE GROUPS ( 1st & 2nd Place )**  
19-under, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80-over.
- **RACEWALKERS:**  
1<sup>st</sup> thru 3<sup>rd</sup> Place Overall Male and Female  
***(Race Walkers must check in at the Race Walker official table prior to start)***

### ❖ 1/2 MILE:

- **OVERALL DIVISIONS**  
1st overall male and female.  
Age group division awards to be determined.

## POST RACE REFRESHMENTS - Sponsored by:

Abita Beer, Abita Root Beer, Kentwood Springs Water,  
Food from numerous area restaurants, Elmer's Chee Wees,  
Fresh Fruit

## RACE INFORMATION:

- Produced by: New Orleans Running Systems, Inc.
- Website: [www.NOLArunning.com](http://www.NOLArunning.com)
- E-Mail: [NORSI@NOLArunning.com](mailto:NORSI@NOLArunning.com)
- Phone:
  - ❖ 504-884-7565 (NORSI)
  - ❖ 504-525-3377 (Save our Cemeteries)
- Race Director: Chuck George, NORSI
- Race Chairperson: Amanda Walker, Save Our Cemeteries

## RACE VOLUNTEERS:

- Phone or Text: 504-228-4770
- Email: [NORSI@NOLArunning.com](mailto:NORSI@NOLArunning.com)





# A RUN & WALK THROUGH HISTORY

## 1/2 MILE & 5K RUN & WALK

Sunday, April 22, 2018 ♦ Metairie Cemetery, New Orleans



### REGISTRATION FEES:

	By April 4th	April 5 – April 17 &	RACE DAY (April 22nd)
ADULT (18 – 64)	<input type="checkbox"/> \$25	<input type="checkbox"/> \$30	<input type="checkbox"/> \$35
	By April 17	RACE DAY (April 22nd)	
SENIOR (65 & Over)	<input type="checkbox"/> \$20	<input type="checkbox"/> \$25	
YOUTH (17 & Under)	<input type="checkbox"/> \$20	<input type="checkbox"/> \$25	
BENEFACTOR ENTRY	<input type="checkbox"/> \$50.	*Details on SOC website	

### CHECKS PAYABLE TO: SAVE OUR CEMETERIES

1539 Jackson Avenue  
Suite # 415  
New Orleans, La. 70130  
All entry fees are non-refundable

◀ PLACE A CHECK MARK "✓" BY RACE ENTERED ▶

5K     1/2 MILE     5K & 1/2 MILE

RACEWALKER     YES     NO

◀ CHIP-TIMED RACE ♦ PLEASE PRINT CLEARLY ▶

<b>BIB / RACE NUMBER</b>	<b>AMOUNT PAID</b>
<b>PAYMENT METHOD:</b>	
<input type="checkbox"/>	CREDIT CARD
<input type="checkbox"/>	CASH
<input type="checkbox"/>	CHECK
<b>CHECK #</b>	
<b>INITIALS</b>	
<b>OFFICIAL USE ONLY !!!</b>	

LAST NAME:

FIRST NAME:  MI:

MALE:  FEMALE:  AGE:  DATE OF BIRTH:  -  -

PHONE NUMBER:  -  -

STREET ADDRESS / APARTMENT NUMBER:

CITY:  STATE:  ZIPCODE:

SHIRT SIZE: YOUTH: MED LG | ADULT: SM MED LG XL XXL    E-MAIL ADDRESS:

PAYMENT BY CREDIT CARD: VISA  MC  ACCOUNT NUMBER:  -  -

Printed Name of Cardholder:  EXPIRATION DATE:  -

Signature of Cardholder:  CVV Code:

I know that running a roadrace is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all the risks associated with running in this event but not limited to fall, contact with other participants, the effects of weather, including high heat and /or humidity, traffic and other conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing those facts and in consideration of your accepting my entry. I for myself and anyone else entitled to act on my behalf, waive and release the New Orleans Running Systems, Inc., Lake Lawn Metairie Funeral Home and Cemeteries, Dignity Memorial, Save Our Cemeteries and all sponsors, their representatives and successors from all claims in liabilities of any kind arising out if my participation in the event. I grant permission to all of the foregoing to use any photographs, motion picture recordings or any other record of this event for any legitimate purpose.

SIGNATURE: \_\_\_\_\_ Date: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ Date: \_\_\_\_\_  
Signature of Parent or Guardian required if entrant is under 18