

PRESENTED BY:



# Fat Boy NOLA Run/Walk

BENEFITING:



SEEKING JUSTICE  
RESTORING HOPE

## "FAT BOY NOLA RUN / WALK" FEATURES

- ❖ **Custom Medallions to ALL FINISHERS**  
5 Inch diameter medallions – largest of any race in New Orleans area !!
- ❖ **All awards are Weight Divisions Awards (see details)**
- ❖ **Food and refreshments fit for a Fat Boy !**
- ❖ **Largest Fat Boy Race in the USA**

**DATE:** SATURDAY, MAY 20, 2017

**TIME:**

- 7:00 am:** Race Day Registration and packet pickup opens
- 8:00 am:** 1/4 Mile "Little Fat Boy" Run/Walk
- 8:10 am:** Fat Boy New Orleans 3 Mile Run/Walk
- 9:10 am:** Fat Boy 0.0 Mile Louisiana Championship

**LOCATION:**

**LaSalle Park, 6600 Airline Drive, Metairie, La. 70003**  
 \*Next to Zephyr's Field home of the New Orleans Baby Cakes.  
 Plenty of free parking at the race site

**ENTRY FEES: Check or Credit Card: Payable to NORSI**

- **ADULT ( Age 18 – 64 )**
  - ❖ \$25.00 by March 31st
  - ❖ \$30.00 April 1st thru May 1st
  - ❖ \$35.00 May 2nd thru May 13th and at pre-race packet pickup
  - ❖ \$40.00 Day of Race ( May 20th )
- **YOUTH (Age 17- Under ) & Seniors ( 65 & Over )**
  - ❖ \$20.00 by April 30th
  - ❖ \$25.00 May 1st thru May 13th and at pre-race packet pickup
  - ❖ \$30.00 on day of race ( May 20th )

**HOW TO REGISTER:**

- **ON-LINE:** Online link posted on [www.NOLArunning.com](http://www.NOLArunning.com)
- **MAIL TO:** NORSI, P. O. Box 2348, Kenner, La. 70063
- **PAYABLE TO:** NORSI (postmark deadline May 8th please )

**PRE-REGISTER In Person**( Available at the following locations)

- Varsity Sports- 3450 Magazine, New Orleans
- Varsity Sports -115 Metairie Road, Metairie
- Ochsner Fitness Center -Elmwood, Harahan
- GNO Cyclery, 1426 S. Carrollton, New Orleans

**PRE-RACE PACKET PICK-UP:**

**Thursday, May 18<sup>th</sup> from 4pm to 7:00pm**

- Get your race number and t-shirt
- ❖ **Hosted by Tarpon Joe's , 2205 David Drive, Metairie**
- ❖ Food and Beer complimentary while it lasts
- ❖ Registration in person will be available at packet pickup

**Packet pickup and in person registration will be available on the day of race at the race site beginning at 7:00am**

**GO EAR GEAR FREE:** Enjoy the event !!

Please consider when you are running or walking in this event to do so Without headphones or ear gear. Race officials announcements, safety information, conversation with other participants may be missed if you are wearing ear gear during the event.

**T-SHIRTS: Tech fabric shirts (Male & Female Gender Specific )**

FAT BOY New Orleans T-shirts will be given out at pre-race packet pickup and on the day of race prior to race start time to pre-registered entrants first. All entrants registered day of race will receive t-shirt as supplies allow. In event of reorder, details will be announced and posted on event website. Please keep race number and t-shirt tab to claim your shirt.

**Gender specific t shirts to pre-registered entrants only.**

**AWARDS: 1/4 MILE LIL FAT BOY RACE**

- Awards to all finishers age 12 and under

**AWARDS: FAT BOY 3 MILE NEW ORLEANS**

Please check division participating in on form below

➢ **MEN'S WEIGHT DIVISIONS (Top 3 in each division)**

- ❖ Division A: Huge Load: ( 200 to 220 lbs )
- ❖ Division B: Enormous Load ( 221 to 240 lbs )
- ❖ Division C: Tremendous Load ( 241 to 260 lbs )
- ❖ Division D: Immense Load ( 261 to Infinity lbs )
- ❖ Division-E: Fat Boy Wanna Bees ( Under 200 lbs)

➢ **WOMEN'S WEIGHT DIVISIONS (Top 3 in each division)**

- ❖ Division F: Athena ( 145 to 170 lbs )
- ❖ Division G: Amazonian (171 to 185 lbs )
- ❖ Division H: Megazonians ( 186 to 200 lbs )
- ❖ Division I: Ultra Megazonian ( 201 to 220 lbs )
- ❖ Division J: Ultra Deluxe Megazonian ( 221 Plus lbs )
- ❖ Division K: Athena " Wanna Bees ( Under 145 lbs )

➢ **WEIGHT DIVISION SCORING**

Please check division applicable on the race entry form to be eligible for weight division awards. A scale will be available at the race site and may be used to confirm division winners if necessary.

**POST RACE REFRESHMENTS:**

Food and beverage Fat Boy Style: Providers include - Fat Boy Pantry, Tarpon Joe's, Crescent Crown Distributors - Beer, Chocolate Milk, Donuts, Elmer's Chee Wees, Kentwood Springs Water, Bananas, Snowballs, Gatorade and more.

**RACE INFORMATION:**

**New Orleans Running Systems Road Race Management, Inc.**

- ❖ Produced by: New Orleans Running Systems, Inc.
- ❖ Website: [www.NOLArunning.com](http://www.NOLArunning.com)
- ❖ Email: [chucknorsi@cox.net](mailto:chucknorsi@cox.net)
- ❖ Phone: 504-884-7565
- ❖ Race Director: Chuck George

**RACE VOLUNTEERS:**

- ❖ Phone or Text: 504-228-4770
- ❖ Email: [NOLArunning@cox.net](mailto:NOLArunning@cox.net)



